



Dental Volunteering for Health Professionals with One-2-One Cambodia

One-2-One Cambodia is made up of communities of people from all over the world whose aim is to improve the lives of the vulnerable and destitute people of Cambodia: including orphans, street children, people with HIV, and prisoners. We are a Christian faith-based NGO that expresses its faith in the practical work that is done. One-2-One is a not-for-profit charity and all proceeds are used to help those we work with.

The NGO provides free dental and medical care for children and adults in prisons, orphanages and deprived communities. We are also involved in education, sports, and the development of sustainable microenterprise. Please visit our website for more information on our programmes. Website: www.one2oneworld.org

Our Dental programmes attract many volunteers every year, including dentists, dental therapists, and dental hygienists. We offer the opportunity to do hands-on prevention and treatment, supervised and assisted by qualified local staff, while enjoying the culture, food and people of Cambodia.

"Thank you so much for having me and allowing me to experience such an efficient and rewarding programme."
–Dental Volunteer

Dental Programmes

US \$100-\$120/day

SEAL/HEALTHY KIDS (\$100), HAPPY CLINIC & MOBILE (Community, Prison & School)

Includes

Shared accommodation at one of our guest homes

- Airport pick up and drop off
- WiFi
- Traditional meals / clean water
- 121 T shirt
- Local Sim card if required

The costs of the dental programme

- Transport to/from workplace
- Dental consumables
- Local support staff

Non-Dental Programmes/Days

US \$70/day

Weekends and non-dental days

Includes

Shared accommodation at one of our guest homes

- Airport pick up and drop off
- WiFi
- Traditional meals / clean water
- 121 T shirt
- Local Sim card if required

Local Sightseeing (if here for the full day)

- Transport – (tuk tuk) for the day
- Entry to Tuol Sleng museum and the Royal Palace.

Please Note: All programmes operate Mon-Fri for the full 5 days (except Cambodian public holidays). We require you to arrive on the Sunday before starting your week with us before 15:00 for orientation, security briefing and to settle in.

Please consider how you will manage any restrictive dietary requirements and food allergies.

Dental Programme Information

There are a range of ways we can utilise your skills including providing care, supervising local and international students, and providing teaching sessions (practical and academic) to local staff and university students.

SEAL CAMBODIA

One-2-One has been working with a range of international and national partners to seal the teeth of 60,000 grade 1 & 2 children. These sealants prevent decay in the first permanent molars of the children who because of poor oral hygiene, a lack of fluoride, and high sugar consumption, often need to have one or more permanent teeth extracted by the time they reach high school. As we near our target, we need continued volunteer support to enable this programme to continue.

HEALTHY KIDS

This program is a partnership between One-2-One, other NGOs and schools, and delivers school based basic health and oral health care. Level 1 includes daily toothbrushing and hand washing, silver diamine fluoride applications (to arrest caries), and health education. Level 2 adds fissure sealing and ART restorations. Level 3 includes more conventional treatment using mobile dental equipment. Volunteers will generally be helping with Level 2 and 3.

HAPPY CLINIC

One-2-One has a fixed dental clinic in Phnom Penh with 4 chairs – we treat orphans, poor children and other marginalized groups. This clinic is located inside the One-2-One Grace House. We have a local dentist, dental nurse and assistant working there, but welcome up to 4 volunteers at a time.

MOBILE PROJECTS

Several times a month the One-2-One Dental team travels to underserved areas of Phnom Penh and other provinces to provide basic dental and medical care. In many parts of Cambodia basic dental and health care are not available, or are unaffordable for the majority of people. Our team takes mobile equipment into a community, prison or school, and on arrival sets up dental chairs (up to 8 at a time) to provide treatment and education. We work with local communities, churches, schools (as part of the Healthy Kids initiative) and prisons, all of which have a great need. We have always been welcomed and treated with respect. We have been able to help thousands of children and adults through our mobile services, and volunteers make a significant contribution to our work.

"Being part of this project enabled me to make a difference to the dental health of young Cambodian children."

–Dental Therapist Volunteer



For Further Information

Please contact:

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Visit our website: <http://www.one2oneworld.org>

Follow us on Facebook: One-2-One Cambodia